

**FDA, TITLE 21 - FOOD AND DRUGS
APPROVED FOR HUMAN CONSUMPTION**

The following are actual copies of the official FDA Federal Regulations for food additives clearly stating that 'sodium humate' (Humic Acid) is approved for human consumption.

TITLE 21 - FOOD AND DRUGS
(Food and Drug Administration)

**CHAPTER I - FOOD AND DRUG ADMINISTRATION,
DEPARTMENT OF HEALTH AND HUMAN SERVICES**

SUBCHAPTER B - FOOD FOR HUMAN CONSUMPTION

**PART 173 - SECONDARY DIRECT FOOD ADDITIVES
PERMITTED IN FOOD FOR HUMAN CONSUMPTION**

subpart d - SPECIFIC USAGE ADDITIVES

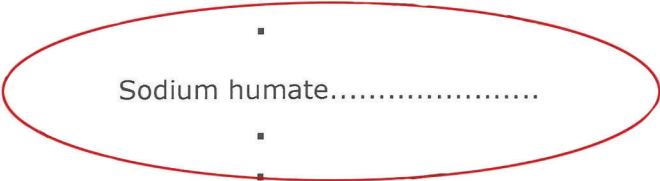
Ammonium alginate.....

Cobalt sulfate (as catalyst).....

1-hydroxyethylidene-1,1- diphosphonic acid (CAS Reg. No.
2809-21-4) and its sodium and potassium salts.

Lignosulfonic acid.....

▪
▪
▪
Sodium humate.....
▪
▪



**US Food and Drug Administration Title 21
Approval of Humic Acid (Sodium Humate) for Human Consumption**